

17th January 2025



Mail on Friday

Redhill Primary Academy and Nursery

Weekly Newsletter

Email us at: parentcontact@redhillprimary.co.uk

Healthy Eating - Packed Lunches

Our guidance aims to support pupils to have a balanced lunch and best prepare them for learning in the afternoon.

Packed lunches should aim to include

- Some starchy foods such as bread (sliced bread, pitta bread, wraps, bagels), pasta, potatoes, couscous; choose wholegrain where possible
 - 1 portion of fruit and 1 portion of vegetables or salad
 - Dairy food such as cheese or yoghurt
- Meat, fish, or another source of protein such as eggs, beans and pulses, hummus, falafel
 - Oily fish once every 3 weeks e.g. sardines or salmon

Packed lunches should aim not to include

- Sweets
- Any items containing chocolate including bars, biscuits, cakes or yoghurts/desserts

We thank you for your support.

Football Card Swap

Mr Griffiths is holding a football card swap on Friday 24th January. If your child has cards they would like to swap, please can they bring them in. We ask that they only bring the cards they want to swap in, not their whole collection, so that precious cards are not lost.

Please remember children should not be bringing their cards in on any days that aren't swap days.

Sports Kits

Please can all washed sports kits be returned to school as soon as possible. We have lots of competitions coming up and need the kits back. Thank you.

Parking Considerately

Please can we remind parents/carers to park considerately when dropping off or picking up from school. Please be particularly mindful of other drivers and be vigilant of occurrences happening whilst you are driving/parking during this busy drop off and pick up time.

Contact Details and Consent

Please remember to keep your contact details up to date on Arbor.

If you ever want to withdraw your consent for the Academy to process your data, please fill in the consent withdrawal form which is available on our website.

Visit from the Firefighters

Year 3 were lucky enough to have a visit from the firefighters to talk about fire safety. During the talk, we found out all about how to keep our homes fire safe. These are five of the things they told us.

1. Check your fire alarms weekly.
2. Create an escape plan so everyone knows where to go if there is a fire.
3. Put your keys near the front door so you can easily escape.
4. If there is a fire, call 999 straight away and don't go back inside for your belongings.
5. Make sure you know your postcode to tell the operator, along with any features that will help them to identify your house.



The Friends



**UNIFORM SHOP
COORDINATOR
NEEDED!**

We are looking for someone to run our uniform shop, could you be that person?

- Space to store the uniforms
- A reliable computer from home to update website with stock and orders
- Availability to pick up donated items from school and deliver new orders to school.

The poster features illustrations of six children in various school uniforms.

Event ideas!



Do you or your children have any unique fundraising ideas? Or events that you would love to see take place at our school? Why not come along to our next social or just drop us a message on socials?

Easter Raffle Prizes!



Do you own a business or work for a company that might be able to donate a raffle prize or experience?

We are always looking for donations and are very grateful if you can help. It also provides an advertising opportunity for you!

Join us for our February PTA Social 🍹



Date to be announced shortly!

of Redhill